

AFTER HOURS ASSISTANCE

- **Emergency:** 000
- **Police:** 131 444
- **13 YARN:** 13 92 76
- **Kids Helpline:** 1800 55 1800
- **Beyond Blue:** 1300 224 636
- **Urgent Mental Health Care Centre**
08 8448 9100
- **Domestic Violence Crisis Line:**
1800 800 098
- **Homelessness Connect:**
1800 003 308
- **Lifeline:** 131 114
- **Mensline Australia:** 1300 789 978
- **1800 RESPECT:** 1800 737 732



"We do not walk behind and push, we don't walk in front and demand, we walk at your pace, alongside you on your journey."

CONTACT KWY

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08 8377 7822



Your LINC
Aboriginal Mental Health Services

A partnership between:



centacare
Catholic Community Services

WHO WE ARE...

KWY is a not-for-profit Aboriginal organisation, delivering a range of specialist services across South Australia.

KWY aims to:

- Create a space for change
- Keep women and children safe
- Empower and strengthen families and communities
- Draw on culture to promote healing and build resilience
- Provide an Aboriginal trauma-informed approach



WHAT WE OFFER...

KWY Your LINC (Lived, Identity, Navigate, Connect) is a culturally responsive, community based, individualised, non-acute, psychosocial support service.

KWY practitioners can -

- assist post crisis
- focus on sustained recovery
- assist to increase connection in the community
- support to strengthen independence
- build and strengthen relationships
- support with navigating services
- help reduce distress and improve social and emotional wellbeing

Support is tailored to meet the needs and goals of the individual and is person led.

KWY Your LINC can provide support for 4 months with potential to extend if required. KWY can assist with applications to NDIS or My Aged Care.

ELIGIBILITY

Aboriginal and Torres Strait Islander people aged 16 to 64, who are clients of community Mental Health Teams.

Clients are referred by Community Mental Health Teams and other approved SA Health pathways.

LOCATIONS

Greater metropolitan Adelaide, Barossa, Adelaide Hills, Fleurieu Peninsula, and the Limestone Coast.

Your LINC is funded by the Government of South Australia.



**Government
of South Australia**

SA Health